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Welcome To Your Wellness Haven

At SAii Spa, we invite you on a journey of self-care to restore your sense of connection and rejuvenate every area of your life so you can truly Live Well.

Nestled in nature, our spa draws inspiration from this beautiful tropical location – its flora, fauna and locally sourced ingredients – for sustainable pampering in harmony with the world around you. In Thai, 'ทราย' SAii means sand, which symbolises the vital balance of grounding and flowing.

Just as island elements are woven into your spa journey, the SAii Live Well philosophy is infused into every part of your escape as we invite you to Eat Well, Sleep Well, Move Well, Stay Well and Explore Well. Each experience here is thoughtfully crafted to boost your physical, mental and emotional health – because you deserve to feel great inside and out.

At SAii Spa, this philosophy inspires every treatment: offering nourishment to help you Eat Well, relaxation to help you Sleep Well, resilience to help you Stay Well, grounding to help you Live Well, and restoration to help you Explore Well. Just as sand adapts and evolves with the flow of time, SAii Spa tailors your unique journey to wellness and harmony.

- Stay Well -



SAii WELLNESS GURUS

Not sure where to start? Let our SAii Wellness Gurus help. Simply share your wellness goals, and we'll provide personalised solutions - from customised treatments to a specially curated drink and snack menu designed to match your lifestyle. Embrace a wellness journey that's uniquely yours.

SAii SPA GUIDELINES

SPA TREATMENT HOURS

SAii Spa is open from 10.00 to 20.00 daily.

SPECIAL HEALTH CONDITIONS

Please share any concerns or relevant medical history with our team so they can offer you the most suitable treatment.

AGE REQUIREMENTS

We accept solo reservations for guests aged 16 years and over. Guests under 16 may enjoy our spa treatments when accompanied by a parent or guardian.

APPOINTMENTS & CANCELLATIONS

We suggest that you arrive at the spa 15 minutes prior to your scheduled treatment time to maximise your enjoyment. Late arrival shortens your treatment time. A 100% charge will be incurred for any treatment not cancelled at least 3 hours prior to your scheduled time.

CLOTHING

For spa treatments, we recommend you wear the bathrobe from your room or appropriate clothing and shoes for active and outdoor activities.

OTHER INFORMATION AND SUGGESTIONS

We recommend you schedule your treatments in advance. Light meals should be finished at least 1 hour before your treatment. For light snacks, 30 minutes is sufficient.

Disposable underwear will be provided and can be used at your discretion. Jewellery and watches must be removed and kept in the lockable safe in your hotel room. Your therapist will meet you at reception and guide you to your treatment room.

PRICES

Prices are quoted in THB (Thai Baht) and subject to a 10% service charge and 7% government tax.

Prices and treatments are subject to change without notice. SAii Spa accepts cash and all major credit cards. Hotel guests may charge treatments to their room account.





SAii SPA TREATMENTS

Durations (Mins)

SAii SIGNATURES EXPERIENCES

SAii Signature Touch	120
SAii Harmony Essence	150

SAii SUN CARE

SAii Sun Prep Ritual	90
SAii Sun Recovery Treat	90

SAii MASSAGE COLLECTION

SAii Traditional Thai Massage	60/90/120
SAii Deep Restore	60/90
SAii Vital Balance	60/90
SAii Gentle Calm	60/90

SAii FACIAL RITUALS

Lift & Firm Facial	90
Hydration Facial or Purifying Facial	60

SAii BODY TREATMENTS

Sandy Glow Body Scrub	60
Sunkissed Relief Wrap	60

REFRESH & REJUVENATE

Add-on Services	30
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SAii SIGNATURES EXPERIENCES

SAii SIGNATURE TOUCH

Begin your journey to tranquility with guided breathwork exercises. Our signature massage, a harmonious blend of Thai stretching and deep-tissue techniques, combined with a soothing heated sand compress, will melt away tension. A warm coconut oil head and face massage, culminating with a heated sacred stone on your crown chakra, will leave you feeling completely rejuvenated

Includes:

Guided breathwork, signature massage, warm head and face massage, heated chakra stone

120 mins





SAii SIGNATURES EXPERIENCES

SAii HARMONY ESSENCE

Ease tense, aching muscles with this deeply personal retreat for relaxation and renewal.

Begin with a nourishing coconut scrub to exfoliate and hydrate your skin, followed by a traditional Thai massage enhanced with warm coconut oil, targeting areas of tension to relieve stress and aching muscles. A soothing head massage calms the mind, while a rose coconut face massage revitalises and nourishes your complexion. Conclude with a serene aromatherapy bath, leaving you feeling completely renewed and at peace.

Includes:

Coconut body scrub, Thai oil massage, warm coconut oil head massage, mini-facial massage.

150 mins

SAii SUN CARE COLLECTION

SAii SUN PREP RITUAL

Get ready for a beautiful, even tan with a treatment for sunseekers who want to care for their skin. This package is designed to exfoliate, hydrate and nourish your skin, creating the perfect foundation for a healthy, glowing tan.

Includes:

30-min full-body exfoliation, 60-min sun glow massage, sun protection application

90 mins

SAii SUN RECOVERY TREAT

Experience soothing comfort for fast relief after a day in the sun with this rescue remedy, crafted to repair and calm sunburned skin while restoring hydration and comfort.

Includes:

40-min aloe vera & cucumber cooling wrap, 30-min healing touch massage, 20-min calming facial mask

90 mins



A close-up photograph of a woman lying down with her eyes closed, appearing relaxed. A hand is gently massaging her forehead. The background is a soft, out-of-focus white towel.

SAii MASSAGE COLLECTION

Every aroma therapy massage in this collection is performed using warm aromatic oil, enhancing relaxation, soothing muscle tension, and promoting overall well-being.

SAii TRADITIONALTHAI MASSAGE (A Bespoke Experience)

Tailored for the demands of modern lifestyles, the SAii Traditional Thai Massage offers a choice of dry or balm and for ultimate experience with herbal compress for 90 mins & longer allowing you to customize your experience. This treatment blends rhythmic stretching, deep acupressure, and mindful movement to improve flexibility, release tension, and restore energy flow. Perfect for those seeking relief from everyday stress, this massage brings balance and rejuvenation through techniques refined over centuries

60/90/120 mins

SAii MASSAGE COLLECTION

SAii DEEP RESTORE

(Strong Pressure)

A balanced, bespoke massage using moderate pressure and traditional Thai techniques, tailored to relieve tension and enhance flexibility.

60/90 mins

SAii VITAL BALANCE

(Medium Pressure)

A balanced, bespoke massage using moderate pressure and traditional Thai techniques, tailored to relieve tension and enhance flexibility.

60/90 mins

SAii GENTLE CALM

(Soft Pressure)

A light, customised massage designed to promote deep relaxation, easing mild stress with gentle strokes, soothing techniques and aromatic oil.

60/90 mins





SAii FACIAL RITUALS

LIFT & FIRM FACIAL

Get a refreshed, youthful look with this treatment combining collagen-boosting ingredients and expert massage techniques to lift and tighten your skin, leaving it firmer and glowing.

90 mins

HYDRATION FACIAL OR PURIFYING FACIAL

Quench your skin's thirst with a deeply nourishing treatment that blends hydrating ingredients and soothing techniques to replenish moisture and restore radiance, leaving your complexion soft, smooth, and revitalised.

60 mins



SAii BODY TREATMENTS

SANDY GLOW BODY SCRUB

Restore your skin's natural radiance with a blissful, customised ritual. Choose the revitalising Sea Salt Scrub for deep exfoliation or the nourishing Coconut Scrub for a gentle, hydrating touch. Both options are infused with tropical aromas to leave your skin smooth, refreshed and beautiful.

60 mins

SUNKISSED RELIEF WRAP

Experience rejuvenation with a body wrap designed to hydrate and soothe your skin. Choose the Aloe Vera Wrap to calm and refresh sun-exposed or sensitive skin, or opt for the Coconut Wrap to deeply nourish and restore moisture, leaving your skin soft, smooth, and beautifully revitalised.

60 mins

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REFRESH & REJUVENATE: ADD-ON SERVICES

**ENHANCE YOUR EXPERIENCE WITH
THESE 30-MINUTE ADD-ONS TO
ELEVATE YOUR SENSE OF WELL-BEING.**

30-MIN TARGETED MASSAGE

Choose your bliss with a targeted massage for your head, hands, calves, face, upper or lower back, shoulders or feet.

30-MIN FACE MASK & EYE MASK

A hydrating face mask that revitalises your skin for a radiant glow and a soothing eye mask that refreshes and rejuvenates tired eyes.

30-MIN CLEANSING & MOISTURISING FACIAL

Treat your complexion to a refreshing cleanse followed by a nourishing moisture boost.

30-MIN HERBAL COMPRESS

Experience the healing power of herbal compresses that soothe muscles and enhance relaxation.

30-MIN RELAXING BATH OR FOOT SOAK

Choose between a calming bathtub experience to release tension or a revitalising foot soak to ease fatigue and restore comfort.